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# OPTIMIZATION OF THE PRESERVED PROCESSING OF ALL PARTS OF THE GABIROBA FRUIT (*CAMPOMANESIA ADAMANTIUM* (CAMBESS.) O. BERG) USING RESPONSE SURFACE METHODOLOGY

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# ABSTRACT

**Background.** The Amazon region hosts several species of exotic fruits with great functional potential which are important sources of nutrients and biologically active compounds. These fruits are widely consumed by the local population, but unknown to the general population and the scientific community. In addition, the seasonality inherent in these fruits limits their consumption. In this context, the processing of food products is one of the main tools for improving sensory quality and increasing the useful life of fruits. This work aims to make use of all parts of the gabiroba fruit in the form of preserves with the replacement of commercial pectin by passion fruit albedo, as well as the characterization of the fruit and the processed product.

**Methods.** To optimize the preserves, a response surface methodology was used with a complete factorial design 2<sup>3</sup> with 11 formulations and 3 independent variables, citric acid concentration, pulp/sugar ratio and albedo concentration, which were subjected to microbiological analysis, sensory analysis and physical-chemistry analysis. **Results.** The results showed that the gabiroba fruit has a low lipid content, 1.09%, in addition to 51.20 g/100 g vitamin C, 4.09% fiber, 79.83% moisture, 1.29% protein, 13.23% carbohydrates, 019% titratable acid and 0.47% ash. The result of the sensorial analysis indicated an optimal formulation with smaller amounts of citric acid and albedo and a lower pulp/sugar ratio.

**Conclusion.** The gabiroba fruit was suitable for its full use in preserve processing. Processed preserves showed desirable physical-chemical characteristics, with consumer preference for formulations with a lower pulp/sugar ratio indicating the impact of consumer unfamiliarity with the fruit on their decision to consume it.

Keywords: biodiversity, full use, optimization, new products

# INTRODUCTION

Amazonian fruits are an important source of essential nutrients and biologically active compounds and their

consumption can reduce the risk of acquiring chronic and degenerative diseases (Schulz and Chim, 2019).

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Native fruits are mostly sold in open markets with great popular acceptance. They have a distinctive flavor and can be consumed fresh or in the form of processed products. Processing of native fruits, in addition to adding value to the product, is a form of conservation, since many of these fruits are seasonal and highly perishable, which enables them to be used and consumed at other times of the year (Oliveira et al., 2020).

In this sense, gabiroba is an exotic fruit that is considered to be a functional food due to its nutritional properties, its content of vitamin C, carbohydrates, and water, and the presence of dietary fibers. Knowledge of the composition, physical-chemical and functional characteristics of native fruits is an essential tool in encouraging consumption, enabling the formulation of new products and making their use viable in the food industry (Goldoni et al., 2019).

Sweets can be classified according to consistency as creamy (or pasty) and cut sweet (preserves) (Aguiar et al., 2019). The preparation of preserves is understood as a method for preserving food, especially for fruit, which uses heat and sugar to increase the concentration of the mixture, reducing the water content and activity, thus creating unfavorable conditions for groups of microorganisms to develop (Dias et al., 2019). Preserves are products that have good chemical and microbiological stability (Tireki, 2017).

This study aimed to make full use of gabiroba fruits in the form of preserves with substitution of commercial pectin for passion fruit albedo, as well as the characterization of both the raw material and the processed product.

# MATERIALS AND METHODS

# **Fruit characterization**

The fruits were obtained from the Brazilian cerrado and selected according to their state of maturity and conservation. The fruits used were ripe and had average diameters of 18.3 mm and 17.2 mm longitudinal and transversal, respectively. For the characterization of the roughly 120 collected fruits, the following analsyes were performed: proximate composition, pH, titratable total acidity and vitamin C, all according to methodologies described by IAL – Instituto Adolfo Lutz (IAL, 2008).

#### **Preserve optimization**

For the processing of the preserves, eleven formulations were prepared according to the experimental design, Table 1. The formulation optimization used response surface methodology with a complete  $2^3$  factorial design according to the methodology described by Box and Draper (1987), to evaluate the influence of citric acid concentration, pulp/sugar ratio and albedo concentration (independent variable) on the variables responses of aroma, flavor, texture, global impression, frequency of consumption and purchase intention. To validate the models, analysis of variance (ANOVA) was used to evaluate the significance (95% confidence) of the regression using the *F* test and the adjustment of the model to the experimental data using the coefficient of determination ( $R^2$ ).

The pulp used to process the preserves was from the whole fruit, therefore aiming at a higher yield and a sustainable process (full use of the fruit). The pulp was sent frozen to the Kinetic and Process Modeling Laboratory at the Federal University of Tocantins for storage until processing and characterization. Passion

**Table 1.** Experimental design 2<sup>3</sup>, for the preparation tests of gabiroba preserves

T4	Co	ded varia	bles	Real variables			
Test -	$X_1$	$X_2$	$X_3$	<i>X</i> <sub>1</sub> , %	<i>X</i> <sub>2</sub> , g/g	X <sub>3</sub> , %	
1	+1	+1	+1	1	60/40	3	
2	-1	-1	+1	0	40/60	3	
3	+1	-1	+1	1	40/60	3	
4	-1	+1	+1	0	60/40	3	
5	+1	+1	-1	1	60/40	0	
6	-1	+1	-1	0	60/40	0	
7	+1	-1	-1	1	40/60	0	
8	-1	-1	-1	0	40/60	0	
9	0	0	0	0.5	50/50	1.5	
10	0	0	0	0.5	50/50	1.5	
11	0	0	0	0.5	50/50	1.5	

 $X_1$  – citric acid concentration, %,  $X_2$  – pulp/sugar ratio, g/g,  $X_3$  – albedo concentration, %.

fruit albedo was used as a source of pectin, as described by Silva et al. (2012).

#### **Calculation of yields**

The yield of each formulation was calculated using equation 1.

% preserves yield = 
$$\frac{P_c \times 100}{P_i}$$
 (1)

where:

 $P_i$  – weight of ingredients,

 $P_{c}$  – weight of the preserves after processing.

# Determination of physicochemical characteristics of formulations

The preserves produced were evaluated for their content of reducing and total sugars, yield, soluble solids, pH, acidity, vitamin C, ashes, and lipids according to methodologies described by IAL – Instituto Adolfo Lutz (IAL, 2008). The color of the preserves was analyzed using the Konica Minolta colorimeter model CR400, D65 light source in color space ( $L^*$ ,  $a^*$ ,  $b^*$ ) following the coordinates of the CIELAB standards, in triplicate with three repetitions. The content of total soluble solids (TSS), °Brix, was measured with the aid of a refractometer.

For texture profile analysis – TPA, the samples were placed in cylindrical jars of 50 mm in diameter and a Texturometer (TA.XT.Plus – Texture Analyzer) was used with P36R, pre-test, test and post-test speeds of 2 mm/s and a distance of 26 mm. The hardness and adhesion parameters were calculated and analyzed. For the quantification of lycopene, the methodology proposed by Nagata and Yamashita (1992) and Silva et al. (2013) was used. Analysis of variance (ANOVA) was used for the results of the physical-chemical analysis, which were evaluated by multiple comparisons of means using the Tukey test at 5% (P < 0.05).

#### Microbiological analysis

The preserve formulations underwent microbiological analysis before being subjected to sensory analysis. The analyses were carried out to the standards required both by Resolução da Diretoria Colegiada – RDC –  $n^{\circ}$  12, which is currently in force (Brasil, 2001), and by RDC  $n^{\circ}$  331, which will take effect in December 2020 (Brasil, 2019). To ensure the hygienic-sanitary

quality of the products, an analysis of coagulase positive *Staphylococci*, *Salmonella* sp. and total coliforms was carried out in order to guarantee a food safe for human consumption. All microbiological analyses were performed according to the methodology described by Silva et al. (2017).

#### Sensory analysis

For the sensory analysis, the research project was submitted to analysis by the Ethics Committee of the Federal University of Tocantins, which was approved with an Ethical Appreciation Certificate number 93357718.3.0000.5519 and opinion number 3.096.189. For the formulation optimization stage, the samples were submitted to sensory acceptance tests by 36 untrained tasters for the attributes of aroma, flavor, texture, global impression, frequency of consumption and purchase intention, in addition to questions about their knowledge of the gabiroba fruit, using a hedonic scale of nine points. The sensory analysis procedures followed the methodology of Stone and Sidel (2004).

#### **RESULTS AND DISCUSSION**

#### Fruit characterization

The composition of the gabiroba fruit (peel and flesh) can be seen in Table 2. It can be classified as a perishable food due to its high moisture content, according to Vieira (2019), suggesting the need for processing to apply technologies that control this parameter.

The content of lipids and proteins found for gabiroba were low, however, in fruits and vegetables these constituents are available in reduced quantities (Goldoni et al., 2019; Negri et al., 2016). As for the fiber content, gabiroba is classified as a fruit with an average content of this constituent, according to Brazilian law (Brasil, 1998). The ash content observed is within the expected limits for this type of fruit (Paul and Duarte, 2012).

The carbohydrate content found in gabiroba makes it a high value fruit of this constituent in the parameters of RDC n° 54 (Brasil, 2012). In nutritional terms, the varied consumption of fruit represents an important source of carbohydrates.

The pH value of the fruit is an important factor in the processing of preserves and jellies as it is related to the formation of the gel, and should be between 3 and 3.5

Analyze $(n = 3)$	Averages ±SD	Analyze $(n = 3)$	Averages ±SD
Moisture, %	79.83 ±0.6	vitamin C mg of ascorbic acid/100 g	51.20 ±2.3
Lipids, %	$1.09 \pm 0.23$	pН	$4.2 \pm \! 0.45$
Proteins, %	$1.29 \pm \! 0.5$	total titratable acidity, %	$0.19\pm\!0.016$
Crude fiber, %	$4.09 \pm \! 0.5$		
Carbohydrates, %	$13.23\pm\!\!0.25$		
Ashes, %	$0.47 \pm 0.1$		

**Table 2.** Physico-chemical characteristics and centesimal composition of gabiroba pulp (*C. adamantium*),  $g \cdot 100 g^{-1}$ 

n – number of replicates, SD – standard deviation, pH – hydrogenionic potential.

for the production of this type of product (Bekele et al., 2020), so the value obtained indicates the need for adjustment.

The Ministry of Health recommends a daily intake of 60 mg of vitamin C for adults (Brasil, 2003). In this context, a portion of approximately 120 grams of gabiroba exclusively meets the entire daily recommendation for intake of this nutrient.

# Preserve characterization

Tables 3, 4 and 5 show the analysis of variance (ANOVA) for the physicochemical variables of the gabiroba preserve formulations.

As for coloring, there was a significant influence of the interactions between the sources of variation (Table 3) on the parameters  $a^*$ ,  $b^*$  and  $L^*$  of the preserves. Although all formulations differ significantly from

Table 3.	Analysis	of variance	results of color.	vield.	pH and total	titratable acidit	v of gabiroba	preserves
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Source	Degrees of freedom	Sum of squares	Mean square	<i>F</i> -value	P-value
1	2	3	4	5	6
		<i>a</i> *			
Acid	2	1.07181	0.536	1.512	0.3982
Albedo	2	0.08306	0.0415	0.117	0.8951
Pulp/sugar ratio	2	0.495806	0.248	0.699	0.588
Acid* reason	0	0.505794	0.536	1.512	0.000*
Acid* albedo	0	2.966244	0.536	1.512	0.000*
Reason* albedo	0	0.151044	0.248	0.699	0.000*
Acid* reason* albedo	2	0.486256	0.243	0.686	0.5932
Error	2	0.709067	0.354		
Corrected total	10	6.469073			
CV%	2	22.52			
Overall average	2	2.6445			
		<i>b</i> *			
Acid	2	6.600752	3.300	1 388	0.4188
Albedo	2	8.484002	4.242	1.784	0.3592
Pulp/sugar ratio	2	15.01800	7.509	3.158	0.2405

1	2	3	4	5	6
Acid* reason	0	3.9763	3.300	1.388	0.000*
Acid* albedo	0	8.65501	3.300	1.388	0.000*
Reason* albedo	0	4.718351	7.509	3.158	0.000*
Acid* reason* albedo	2	15.802552	7.901	3.322	0.2314
Error	2	4.756267	2.378		
Corrected total	10	41.10142			
CV%	2	28.08			
Overall average	2	5.4927			
		L*			
Acid	2	127.5253	63.763	2923	0.2549
Albedo	2	0.810758	0.405	0.019	0.9818
Pulp/sugar ratio	2	0.255858	0.128	0.006	0.9942
Acid* reason	0	0.156767	63.763	2.923	0.000*
Acid* albedo	0	3.519867	63.763	2.923	0.000*
Reason* albedo	0	70.541867	0.128	0.006	0.000*
Acid* reason* albedo	2	96.203858	48.102	2.205	0.3120
Error	2	43.630867	21.8154		
Corrected total	10	342.6452			
CV%	2	20.89			
Overall average	2	22.36			
		Yiel	ld		
Acid	2	236.9304	118.465	1 692.360	0.0007*
Albedo	2	249.8904	124.945	1 784.932	0.0007*
Pulp/sugar ratio	2	589.91545	294.957	4 213.682	0.0003*
Acid* reason	0	2.036104	118.465	1 692.3603	0.0000*
Acid* albedo	0	2.161054	118.465	1 692.3603	0.0000*
Reason* albedo	0	1.8203045	294.958	4 213.682	0.0000*
Acid* reason* albedo	2	232.315455	116.157	1 659.936	0.0000*
Error	2	0.140000	0.07000		
Corrected total	10	707.4454			
CV%	2	0.42			
Overall average	2	62.6636			

# Table 3 - cont.

Table 3	8 – cont
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1	2	3	4	5	6
		pH	I		
Acid	2	1.343788	0.682	201.568	0.0050*
Albedo	2	0.263788	0.132	39.568	0.0247*
Pulp/sugar ratio	2	0.298788	0.149	44.818	0.0218*
Acid* reason	0	1.737878	0.682	201.568	0.0000*
Acid* albedo	0	1.987877	0.682	201.568	0.0000*
Reason* albedo	0	2.137878	0.149	44.818	0.0000*
Acid* reason* albedo	2	0.238788	0.119	35.818	0.0272*
Error	2	0.006667	0.003333		
Corrected total	10	1.565455			
CV%	2	1.21			
Overall average	2	4.7636			
		Titratable	acidity		
Acid	2	210.6305	105.315	194.208	0.0052*
Albedo	2	0.642717	0.321	0.593	0.6279
Pulp/sugar ratio	2	2.472818	1.236	2.280	0.3049
Acid* reason	0	5.84266	105.315	194.208	0.0000*
Acid* albedo	0	4.07072	105.315	194.208	0.0000*
Reason* albedo	0	8.0459	1.236	2.280	0.0000*
Acid* reason* albedo	2	0.783645	0.392	0.723	0.5805
Error	2	1.08	0.542282		
Corrected total	10	214.6149			
CV%	2	8.11			
Overall average	2	9.081			

\*Significant at P < 0.05.

each other (P < 0.05), in the Tukey test, formulations with higher amounts of citric acid showed a lighter color when compared to the others. However, formulations with higher concentrations of sugar (lower pulp/ sugar ratio) suffer more from the effects of reactions that occur during heating, such as the Maillard reaction (Curi et al., 2017). The gabiroba preserves have a greater tendency to be yellow in color, indicated by the values of  $b^*$  (Table 7). All sources of variation had a significant influence (P < 0.05) in relation to the pH of the preserves. The formulations with lower amounts of albedo and higher amounts of citric acid showed lower pH values. For total titratable acidity, only the variation of citric acid and the interactions between the sources of variation exerted a significant influence (P < 0.05) (Table 3). In this context, the high values presented in some formulations can be justified, in addition to the addition

Source	Degrees of freedom	Sum of squares	Mean square	<i>F</i> -value	P-value
1	2	3	4	5	6
		Vitamin	n C		
Acid	2	165.605152	82.802	0.988	0.5030
Albedo	2	162.005152	81.002	0.967	0.5085
Pulp/sugar ratio	2	1.880152	0.94	0.011	0.9889
Acid* reason	0	1.620151	82.802*	0.988	0.0000*
Acid* albedo	0	131.044848	82.802*	0.988	0.0000*
Reason* albedo	0	1.4801515	0.94*	0.011	0.0000*
Acid* reason* albedo	2	1.820152	0.91	0.0	0.9893
Error	2	167.606667	83.803		
Corrected total	10	626.861818			
CV%	2	23.61			
Overall average	2	38.7727			
		Lipid	s		
Acid	2	0.001722	0.000861	0.086	0.9210
Albedo	2	0.005922	0.002961	0.295	0.7721
Pulp/sugar ratio	2	0.015022	0.007511	0.749	0.5719
Acid* reason	0	1.3969	0.000861	0.086	0.0000*
Acid* albedo	0	0.017603	0.000861	0.086	0.0000*
Reason* albedo	0	0.015703	0.007511	0.749	0.0000*
Acid* reason* albedo	2	0.057522	0.028761	2.867	0.2586
Error	2	0.020067	0.010033		
Corrected total	10				
CV%	2	26.94			
Overall average	2	0.3718			
		Total solubl	e solids		
Acid	2	37.775152	18.887	354.142	0.0030*
Albedo	2	37.775152	18.887	354.1	0.0030*
Pulp/sugar ratio	2	77.775152	38.887	729.142	0.0015*
Acid* reason	0	2.927515	18.887	354.1	0.0000*
Acid* albedo	0	5.275151	18.887	354.1	0.0000*

**Table 4.** Analysis of variance results of the physicochemical variables (vitamin C, lipids, total soluble solids, lycopene, ashes) of gabiroba preserves

# Table 4 - cont.

1	2	3	4	5	6
Reason* albedo	0	2.927551	38.887	729.142	0.0000*
Acid* reason* albedo	2	61.775152	30.887	579.142	0.0019*
Error	2	0.106667	0.053333		
Corrected total	10	151.381818			
CV%	2	0.32			
Overall average	2	72.87			
		Lycoper	ne		
Acid	2	14.933439	7.467	0.675	0.5972
Albedo	2	21.523091	10.626	0.106	0.9041
Pulp/sugar ratio	2	3.341975	1.671	0.474	0.0000*
Acid* reason	0	5.148814	7.467*	0.474	0.0000*
Acid* albedo	0	1.755274	7.467*	0.106	0.0000*
Reason* albedo	0	2.180177	1.671*	0.078	0.9274
Acid* reason* albedo	2	2.465943	1.233		
Error	2	31.508952	15.754476		
Corrected total	10	82.587665			
CV%	2	71.53			
Overall average	2	5.5494			
		Ashes			
Acid	2	0.086983	0.043492	186.393	0.0054*
Albedo	2	0.060733	0.030367	130.143	0.0075*
Pulp/sugar ratio	2	0.047933	0.023967	102.714	0.0094*
Acid* reason	0	0.073117	0.043492	186.393	0.0000*
Acid* albedo	0	0.073117	0.043492	186.393	0.0000*
Reason* albedo	0	0.102867	0.023967	102.714	0.0000*
Acid* reason* albedo	2	0.132983	0.066492	284.964	0.0036*
Error	2	0.000467	0.000233		
Corrected total	10	0.578200			
CV%	2	8.04			
Overall average	2	0.19			

\*Significant at P < 0.05.

Source	Degrees of freedom	Sum of squares	Mean square	F-value	P-value
1	2	3	4	5	6
		Total su	gars		
Acid	2	109.638333	54.819	6.454	0.1342
Albedo	2	121.51833	60.759	7.154	0.1226
Pulp/sugar ratio	2	159.79833	79.899	9.407	0.0961
Acid* reason	0	9.46133	54.819	6.454	0.0000*
Acid* albedo	0	1.003733	54.819	6.454	0.0000*
Reason* albedo	0	6.67733	79.899	9.407	0.0000*
Acid* reason* albedo	2	130.0383	65.019	7.655	0.1155
Error	2	16.98667	8.49333		
Corrected total	10	276.220000			
CV%	2	4.58			
Overall average	2	63.7000			
		Reducing	sugars		
Acid	2	264.342718	132.171	51.9799	0.0189*
Albedo	2	35.532718	17.766	6.987	0.1252
Pulp/sugar ratio	2	37.392718	18.696	7.353	0.1197
Acid* reason	0	9.229782	132.171	51.9779	0.0000*
Acid* albedo	0	1.132021	132.171	51.979	0.0000*
Reason* albedo	0	7.579782	18.696	7.353	0.0000*
Acid* reason* albedo	2	38.382718	19.191	7.547	0.1170
Error	2	5.085600	2.542800		
Corrected total	10	386.225818			
CV%	2	14.69			
Overall average	2	10.8527			
		Moistu	ire		
Acid	2	25.4588	12.729	1.436	0.4105
Albedo	2	1.968888	0.984	0.1111	0.900
Pulp/sugar ratio	2	81.445438	40.722	4.595	0.1787
Acid* reason	0	0.574162	12.729	1.436	0.0000*
Acid* albedo	0	1.360412	12.729	1.436	0.0000*

**Table 5.** Analysis of variance of physicochemical variables (total sugar, reducing sugar, moisture, hardness, adhesiveness)

 of gabiroba preserves

# Table 5 - cont.

1	2	3	4	5	6
Reason* albedo	0	3.876562	40.722	4.595	0.0000*
Acid* reason* albedo	2	1.9112638	0.956319	0.108	0.9026
Error	2	17.725067	8.86253		
Corrected total	10	134.322055			
CV%	2	20.33			
Overall average	2	14.6463			
		Hardnes	SS		
Acid	2	179.166506	89.583	1 325.650	0.0009*
Albedo	2	173.187078	86.593	1 281.409	0.0009*
Pulp/sugar ratio	2	182.710086	91.355	1 351.869	0.0009*
Acid* reason	0	118.699547	89.583	1 325.650	0.0000*
Acid* albedo	0	84.041555	89.583	1 325.650	0.0000*
Reason* albedo	0	82.337855	91.355	1 351.869	0.0000*
Acid* reason* albedo	2	180.76557	90.383	1 337.482	0.0009*
Error	2	0.135154	0.06757		
Corrected total	10	1 001.043358			
CV%	2	7.38			
Overall average	2	3.52			
		Adhesiver	ness		
Acid	2	0.396670	0.198335	200.665	0.0050*
Albedo	2	0.385790	0.192895	195.161	0.0052*
Pulp/sugar ratio	2	0.432320	0.216160	218.699	0.0046*
Acid* reason	0	0.134914	0.198335	200.665	0.0000*
Acid* albedo	0	0.086404	0.198335	200.665	0.0000*
Reason* albedo	0	0.079434	0.216160	218.699	0.0000*
Acid* reason* albedo	2	0.481600	0.240800	243.629	0.0042*
Error	2	0.001977	0.000988		
Corrected total	10	1.999109			
CV%	2	13.63			
Overall average	2	0.2306			

\*Significant at P < 0.05.

Source	Degrees of freedom	Sum of squares	Mean square	<i>F</i> -value	P-value				
Aroma									
Regression	7	2.79901	0.399	0.80	0.64				
Lack-of-fit	1	0.00781	0.00781	0.01	0.928				
Pure error	2	1.5000	0.7500						
Total	10	4.30682							
		Ι	Flavor						
Regression	7	14.6884	2.09835	14.05	0.026*				
Lack-of-fit	1	0.2812	0.28125	3.37	0.208				
Pure error	2	0.1667	0.08333						
Total	10	15.1364							
Texture									
Regression	7	22.4697	3.2100	0.70	0.685				
Lack-of-fit	1	12.5000	12.5000	21.43	0.044*				
Pure error	2	1.1667	0.5833						
Total	10	36.1364							
		Global	impression						
Regression	7	9.4091	1.34416	4.03	0.140				
Lack-of-fit	1	0.5000	0.5000	2.00	0.293				
Pure error	2	0.5000	0.2500						
Total	10	10.4091							
		Frequency	of consumption						
Regression	7	3.21117	0.45874	0.63	0.726				
Lack-of-fit	1	0.03125	0.03125	0.03	0.881				
Pure error	2	2.16667	1.08333						
Total	10	5.40909							
		Purcha	se intention						
Regression	7	4.43561	0.63366	1.47	0.408				
Lack-of-fit	1	0.12500	0.12500	0.21	0.689				
Pure error	2	1.16667	0.58333						
Total	10	5.72727							

Table 6. Analysis of variance results of sensor	ry analysis for fitted models
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\*Significant at P < 0.05.

of citric acid, due to the acidity of the gabiroba pulp itself.

In relation to the total soluble solids of the preserves (Table 4), all sources of variation had a significant influence (P < 0.05). Gabiroba preserves with a lower pulp/sugar ratio and higher amounts of albedo and acid had a higher content of total soluble solids (Table 7). Regarding total sugars, the more acidic formulations showed a higher concentration (Table 8) and, in this process, tended to reduce the gelation time and the time to reach the desired concentration, minimizing hydrolytic reactions. During cooking, sucrose in an acid medium undergoes hydrolysis and is partially broken down into reducing sugars.

The variation of citric acid and the interactions between the sources of variation exerted a significant influence (P < 0.05) on reducing sugars. Preserves with higher amounts of citric acid had a higher content of reducing sugars (Table 8). During cooking, sucrose in an acid medium undergoes hydrolysis, being partially broken down into reducing sugars such as glucose and fructose. In addition, reducing sugars are of great importance in the manufacture of jellies as they add shine to the product and can reduce and/or delay the crystallization of sucrose, which is reflected in the reduction of their sweetness level (Tireki, 2017). The vitamin C content in gabiroba preserves was significantly influenced only by the interactions between the sources of variation (P < 0.05) (Table 4), indicating that formulations with higher amounts of citric acid, less albedo and less pulp/sugar ratio have higher levels of vitamin C (Table 8). Formulations with a lower pulp/sugar ratio need less cooking time to achieve the required soluble solids content, which can then justify the higher vitamin C content given its sensitivity to degradation during heating.

For the lycopene values found in the formulations it was observed that preserves that had a lower pulp/ sugar ratio and a higher amount of albedo had higher concentrations of lycopene (Table 8). Fruit-derived products contain a lycopene content higher than fresh fruit due to the concentration stage during its processing (Lemos et al., 2011). The increase in the content of lycopene in these products occurs due to the action of temperature, which causes the rupture of cell walls, releasing it from the chromoplasts, making free lycopene available (Correia et al., 2008).

The formulations that had the lowest pulp/sugar ratio (highest amount of sugar) were the ones that had the better yield (Table 8). In this context, Silva et al. (2012) stated that the greater the amount of sugar present in the preserves, the greater the yield, since

Formulation	<i>a</i> *	<i>b</i> *	L*	pН	Total soluble solids, °Brix	Titratable acidity, %
1	3.44 <sup>de</sup>	3.66 <sup>f</sup>	26.6 <sup>gh</sup>	4.6 <sup>d</sup>	72 <sup>bc</sup>	14.5 <sup>ef</sup>
2	1.67 <sup>ab</sup>	3.43°	11.04ª	5.3 <sup>g</sup>	70 <sup>ab</sup>	4.14 <sup>ab</sup>
3	3.57 <sup>de</sup>	7.51 <sup>i</sup>	26.95 <sup>h</sup>	4.4 <sup>b</sup>	80°	13.7°
4	1.45ª	3.03 <sup>a</sup>	23.86°	5.4 <sup>h</sup>	73 <sup>cd</sup>	4.2 <sup>ab</sup>
5	2.54°	5.84 <sup>g</sup>	26.85 <sup>h</sup>	4.7°	70 <sup>ab</sup>	15.1 <sup>f</sup>
6	2.05 <sup>bc</sup>	3.30 <sup>b</sup>	12.93 <sup>b</sup>	5.1 <sup>f</sup>	72 <sup>bc</sup>	4.9 <sup>b</sup>
7	2.33°	5.27 <sup>ev</sup>	25.22 <sup>f</sup>	4.2ª	75 <sup>d</sup>	13.9°
8	3.83°	8.68 <sup>kv</sup>	25.86 <sup>fg</sup>	5.1 <sup>f</sup>	80°	3.15ª
9	2.05°	4.82 <sup>d</sup>	17.5°	4.6 <sup>d</sup>	69.6ª	7.8°
10	3.11 <sup>d</sup>	7.74 <sup>j</sup>	22.31 <sup>d</sup>	4.5°	70 <sup>ab</sup>	8.9 <sup>cd</sup>
11	3.05 <sup>d</sup>	7.14 <sup>h</sup>	26.84 <sup>h</sup>	4.5°	70 <sup>ab</sup>	9.2 <sup>d</sup>

Table 7. Color, pH, total soluble solids and total titratable acidity of gabiroba preserves

Means followed by equal letters do not differ, by the Tukey's test, at 5% probability.

Formulation	Total sugars %	Reducing sugars %	Vitamin C mg/100 g	Lycopene µg/100 mL	Yield %	Ashes %
1	70.3°	13.1°	34.6°	5.07°	53.7 <sup>b</sup>	0.10°
2	69.6 <sup>bc</sup>	6.0 <sup>ab</sup>	33.1ª	11.23 <sup>k</sup>	57.8°	0.19 <sup>i</sup>
3	66.1 <sup>bc</sup>	26.3 <sup>f</sup>	34.4 <sup>d</sup>	5.74 <sup>h</sup>	67.3 <sup>d</sup>	0.12 <sup>d</sup>
4	62.7 <sup>abc</sup>	6.2 <sup>ab</sup>	34.1°	7.43 <sup>i</sup>	54.1 <sup>b</sup>	0.05ª
5	59.2 <sup>ab</sup>	14.8°	51.4 <sup>g</sup>	5.23 <sup>f</sup>	51.2ª	0.05ª
6	59.1 <sup>ab</sup>	8.2°	34.4 <sup>d</sup>	4.07 <sup>d</sup>	53.6 <sup>b</sup>	0.90 <sup>j</sup>
7	70.9°	14.8°	51.8 <sup>h</sup>	2.22 <sup>b</sup>	71.5 <sup>f</sup>	0.12°
8	66.5 <sup>abc</sup>	4.9ª	34.4 <sup>d</sup>	5.61 <sup>g</sup>	69.8°	0.07 <sup>b</sup>
9	56.7ª	7.50 <sup>bc</sup>	$50.0^{\mathrm{f}}$	2.97°	70.0 <sup>e</sup>	0.16 <sup>g</sup>
10	62.1 <sup>abc</sup>	7.38 <sup>bc</sup>	$34.4^{d}$	2.11ª	70.4 <sup>e</sup>	$0.18^{h}$
11	57.5ª	10.2 <sup>d</sup>	33.9 <sup>b</sup>	9.37 <sup>j</sup>	69.9°	0.15 <sup>f</sup>

Table 8. Total sugar, reducing sugar, vitamin C, lycopene, yield and ashes of gabiroba preserves

Means followed by equal letters do not differ, by the Tukey's test, at 5% probability.

Formulation	Lipids, %	Moisture, %	Hardness, N	Adhesiveness, N
1	0.53 <sup>j</sup>	15.6 <sup>g</sup>	$1.17^{i}$	-0.16 <sup>b</sup>
2	0.44 <sup>g</sup>	13.2 <sup>f</sup>	33.66 <sup>k</sup>	$-1.57^{a}$
3	0.19ª	11.3 <sup>b</sup>	0.146°	$-0.09^{h}$
4	0.45 <sup>h</sup>	18.3 <sup>j</sup>	0.094ª	$-0.07^{j}$
5	0.32 <sup>d</sup>	16.0 <sup>h</sup>	0.47 <sup>g</sup>	-0.12 <sup>h</sup>
6	0.38 <sup>f</sup>	22.2 <sup>k</sup>	0.27 <sup>d</sup>	-0.13 <sup>g</sup>
7	$0.5^{i}$	9.6ª	0.43 <sup>f</sup>	-0.16°
8	0.22 <sup>b</sup>	12.7 <sup>d</sup>	1.41 <sup>j</sup>	$-0.136^{f}$
9	0.25°	17.4 <sup>i</sup>	0.102 <sup>b</sup>	$-0.07^{j}$
10	0.45 <sup>h</sup>	13.1°	0.3526 <sup>d</sup>	-0.152°
11	0.36°	11.73°	$0.6218^{h}$	-0.159 <sup>d</sup>

Table 9. Lipids, moisture, hardness and adhesiveness of gabiroba preserves

Means followed by equal letters do not differ, by the Tukey's test, at 5% probability.

the gelation time is inversely proportional to the sugar concentration.

Regarding the ash content, formulations with a higher pulp/sugar ratio and lower amounts of albedo

and acid obtained the highest ash contents (Table 8). The interactions between the sources of variation exerted a significant influence (P < 0.05) on the lipid content, indicating that the preserves with the highest

pulp/sugar ratio showed significant amounts of these constituents (Table 9). Regarding these constituents, the observed response can be justified by the higher pulp/sugar ratio in the formulation as ash and lipids migrated from the pulp to the formulation of the jam, with no degradation of this content during processing.

In the results of the texture analysis, the causes of variation had a significant influence (P < 0.05) in relation to the hardness of the preserves (Table 5). Higher levels of albedo resulted in harder formulations. The formulations with higher pulp/sugar ratios and higher amounts of citric acid obtained the highest values for adhesiveness (Table 9). Formulations with a higher pulp/sugar ratio have higher amounts of organic acids from fruits, which directly influences the content of soluble solids in the product and, consequently, increases the adhesiveness (Dias et al., 2019).

# Microbiological analysis

For the counting of molds and yeasts, all formulations analyzed showed values below those recommended by RDC n° 12/2001 and RDC n° 331/2019 (<10<sup>4</sup> UFC·g<sup>-1</sup>). *Salmonella* sp. was not detected in any of the analyzed formulations, indicating that the results are in accordance with the CNNPA n° 12, 1978, which establishes the absence of the microorganism in 25 g of sample. In the analysis of coagulase positive *Staphylococci*, all formulations were successful <10 UFC·g<sup>-1</sup>; and for total coliforms, values <3 NMP·g<sup>-1</sup> were obtained, indicating that the microbiological analyses met the limits established by the legislation and, therefore, the product was microbiologically fit for consumption.

# Sensory analysis

The tasters were asked about their knowledge of the gabiroba fruit and 25% reported knowing the fruit, but had never consumed it, 30.55% reported not knowing the fruit, and 22.22% had already consumed it.

The regression equation for the aroma of preserves is:

Aroma = 
$$16.98 - 21.0X_1 - 2.12X_2 - 0.71X_3 +$$
  
+  $11.22X_1X_1 + 0.73X_1X_2 + 0.722X_1X_3 + 0.081X_2X_3$  (2)  
( $R^2 = 0.6499$ )

It was observed that the concentration of citric acid  $(X_1)$ , pulp/sugar ratio  $(X_2)$  and the albedo concentration

 $(X_3)$  had a negative linear effect in relation to the aroma. The interactions between the factors had a positive linear effect. ANOVA for the model is provided in Table 6. The regression model adjusted to the experimental results of the aroma shows insignificant values for the sources. Figure 1 shows the behavior of the aroma attributes of the formulations, in which the highest scores were for the lowest concentrations of acid, albedo and pulp/sugar ratio.

For flavor (Fig. 2) it was observed that the highest scores were attributed to formulations with lower concentrations of albedo, citric acid and pulp/sugar ratio. The regression equation for the flavor of preserves is:

Flavor = 
$$5.68 + 16.64X_1 - 2.30X_2 - 2.294X_3 - 15.36X_1X_1 + 1.45X_1X_2 + 0.778X_1X_3 + 0.806X_2X_3$$
 (3)  
( $R^2 = 0.9704$ )

The concentration of albedo  $(X_3)$  had a significant negative linear effect (P < 0.05) on the flavor followed by a negative quadratic effect on the acid concentration ( $X_1X_1$ ) (P < 0.05). The regression model adjusted to the experimental results (Table 6) shows significant value.

The unfamiliarity of the peculiar flavor and aroma of exotic fruits may be a factor that influences the sensory acceptance of flavored industrialized fruit (Perfeito et al., 2017), which explains the tasters' preference for gabiroba preserves with less pulp/sugar ratio.

Regarding texture, Figure 3, smaller amounts of albedo and citric acid were observed and higher pulp/ sugar ratio obtained higher scores. According to equation 4, the concentration of citric acid  $(X_1)$  and albedo  $(X_3)$  had a negative effect on the texture. Table 6 shows a significant value for lack-of-fit (P < 0.05) in the regression model adjusted to experimental results.

Texture = 
$$22.3 - 30.2X_1 - 7.7X_2 - 1.98X_3 + 7.4X_1X_1 + 11.6X_1X_2 - 0.44X_1X_3 + 1.29X_2X_3$$
 (4)  
( $R^2 = 0.6218$ )

The formulations with higher averages did not have albedo added, however, they may have achieved an adequate and pleasant texture for the tasters due to the proportion of pulp and sugar present in the formulation.

Pectin present in the gabiroba fruit itself (Barbieri et al., 2019) may also have contributed to the texture of preserves. The pulp used for the production

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**Fig. 1.** Response surface of the aroma attribute as a function of the pulp/sugar ratio  $\times$  acid citric (A), albedo  $\times$  pulp/sugar ratio (B), albedo  $\times$  citric acid (C)



**Fig. 2.** Response surface of the flavor attribute as a function of the pulp/sugar  $\times$  citric acid ratio (A), albedo  $\times$  pulp/sugar ratio (B), albedo  $\times$  citric acid (C)



**Fig. 3.** Response surface of the texture attribute as a function of the pulp/sugar  $\times$  citric acid ratio (A), albedo  $\times$  pulp/sugar ratio (B), albedo  $\times$  citric acid (C)

of preserve is the whole fruit, and fruit peels contain higher levels of acidity, dietary fiber and bioactive compounds than the pulp. The addition of high levels of fiber can increase the water holding capacity, forming a very viscous and firm textured gel (Teixeira and Novello, 2020).

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**Fig. 4.** Response surface of the global impression attribute as a function of citric acid × pulp/sugar ratio (A), albedo × pulp/ sugar ratio (B), albedo × citric acid (C)

Regarding the global impression (Fig. 4), it was observed that the optimized formulations are those that presented lower levels of acid, albedo and pulp/ sugar ratio. The regression equation for the global impression of preserves is in equation 5:

Global impression = 
$$15.31 - 9.6X_1 - 4.4X_2 - 1.551X_3 - 2.41X_1X_1 + 5.81X_1X_2 + 0.889X_1X_3 + 0.323X_2X_3$$
 (5)  
( $R^2 = 0.9039$ )

The albedo concentration had a greater influence in relation to the global impression, and the higher the albedo concentration, the lower the score obtained in this regard. The concentration of acid  $(X_1)$ , albedo  $(X_3)$ and the pulp/sugar ratio  $(X_2)$  had a negative linear effect on the global impression of the product followed by a negative quadratic effect on the acid concentration  $(X_1X_1)$ . The regression model adjusted to the experimental results of the global impression (Table 6) shows non-significant values for the sources.

According to the analysis of variance of the parameters of the sensory analysis, the albedo only had a significant influence on the flavor. It can be inferred, therefore, that the flavor is a highly relevant attribute for the global impression of the product.

The regression equation for the frequency of consumption is shown in equation 6.

Consumption frequency = 
$$9.8 - 7.7X_1 - 2.06X_2 - 1.03X_3 + 1.87X_1X_1 + 1.45X_1X_2 + 0.778X_1X_3 + 0.161X_2X_3$$
  
(*R*<sup>2</sup> = 0.5937) (6)

In Figure 5, it can be seen that the optimum region regarding the frequency of consumption was obtained in formulations with lower amounts of albedo, citric acid and pulp/sugar ratio. The characteristics found in formulation 8 corroborate the result found in relation to the global impression of the product and also the effects presented in equation 6, where the concentration of citric acid  $(X_1)$  and albedo  $(X_3)$  and pulp/sugar ratio  $(X_2)$  had a negative linear effect.

The result of the low frequency of consumption of gabiroba preserves can be explained due to the fact that 55.55% of the tasters had never consumed the fruit previously, which reflects the consumers' opinion about the processed product since it maintains the characteristics close to those of the raw material.

Regarding the purchase intention (Fig. 6), it is possible to observe that formulations with lower levels of albedo are desirable, corroborating the consumer's preference for texture (Fig. 3) and flavor (Fig. 2).

The regression equation for the purchase intention of the preserves is:

Purchase intention = 
$$4.39 - 6.5X_1 + 1.21X_2 - 0.283X_3 + 2.67X_1X_1 + 0.667X_1X_3 - 0.323X_2X_3$$
 (7)  
( $R^2 = 0.7745$ )

The concentration of citric acid  $(X_1)$  and albedo  $(X_3)$  had a negative linear effect on the flavor purchase intention followed by a positive linear effect on the pulp/sugar ratio  $(X_2)$ . The regression model adjusted to the experimental results (Table 6) shows significant

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**Fig. 5.** Response surface of the frequency of consumption (attitude) as a function of the pulp/sugar  $\times$  citric acid ratio (A), albedo  $\times$  pulp/sugar ratio (B), albedo  $\times$  citric acid (C)



**Fig. 6.** Response surface of purchase intention as a function of pulp/sugar  $\times$  citric acid ratio (A), albedo  $\times$  pulp/sugar ratio (B), albedo  $\times$  citric acid (C)

value. ANOVA for the purchase intention regression model is provided in Table 6.

From all the attributes, formulation 8 stood out, therefore, it was the formulation most appreciated by the tasters.

#### CONCLUSION

The gabiroba was adequate for its use in the production of preserves, which would facilitate its consumption regardless of the seasonality of the fruit, as well as the use of its nutrients all year round. The consumers' preference was observed for formulations with a lower pulp/sugar ratio, indicating the impact of the consumer's unfamiliarity with the fruit on his decision to consume it even if processed.

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