

## CONTENTS

### Food Technology

**Hayam Mohamed Abbas, Jihan Mohamed Kassem, Sahar Hassan Salah Mohamed, Wafaa Mohamed Zaky**

Quality appraisal of ultra-filtered soft buffalo cheese using basil essential oil ..... 305

**Ling Wan, Gang Chen, SuPing Jian, Xiao Jie Yin, HongLin Zhu**

Antioxidant and xanthine oxidase inhibitory properties and LC-MS/MS identification of compounds of ethanolic extract from Mulberry leaves ..... 313

**Anna N. Agiriga, Siwela Muthulisi**

The effect of thermal processing on the protein quality of *Monodora myristica* (Gaertn.) Dunal seeds ..... 321

**Beata Treszczynska, Aneta Siwek, Jaroslaw Kowalik, Adriana Lobacz, Justyna Zulewska**

Influence of flavors and stabilizers used on the preferences and properties of aerated tvarog curd cheese ..... 335

**Mounir Mohamad Tohamy, Mansour Abdo Ali, Hamdy Abdel-Gawwad Shaaban, Ashraf Gaber Mohamad, Ahmad Mohamad Hasanain**

Production of functional spreadable processed cheese using *Chlorella vulgaris* ..... 347

**Younés Noutfia, Aouatif Benali, Chakib Alem, Younes Filali Zegzouti**

Design of a solar dryer for small-farm level use and studying fig quality ..... 359

**Aleksander Siger, Marzena Gawrysiak-Witulska, Jolanta Wawrzyniak**

Changes in contents of phenolic compounds (sinapic acid derivatives) in seeds of *Brassica napus* L. under adverse storage conditions ..... 367

**Spandan A. Chaudhary, Pooja S. Chaudhary, Bakhtiyar A. Syed, Richa Misra, Prashanth G. Bagali, Sara Vitalini, Marcello Iriti**

Validation of a method for diosgenin extraction from fenugreek (*Trigonella foenum-graecum* L.) ... 377

### Human Nutrition

**Victor O. Ikpeazu, Eziuche A. Ugbo, Okezie Emmanuel, Chikezie Uche-Ikonne, Benedict Okoro, Jennifer Nnaemeka**

Evaluation of the safety of oral intake of aqueous extract of *Stigma maydis* (corn silk) in rats ..... 387

**Monika Duś-Żuchowska, Joanna Bajerska, Patrycja Krzyżanowska, Agata Chmurzyńska, Anna Miśkiewicz-Chotnicka, Agata Muzsik, Jaroslaw Walkowiak**

The Central European diet as an alternative to the Mediterranean diet in atherosclerosis prevention in postmenopausal obese women with a high risk of metabolic syndrome – a randomized nutritional trial ..... 399